Inflation statistics since the start of COVID



At The Grocery Store Cooking Oils (up to an 83% increase) Ketchup (38% increase) Eggs (31% increase) Butter (30% increase) Bread(s) (up to a 40% increase)

(data from Statistics Canada)



At the Pump 50%

increase per litre on average in Canada (\$0.56 per litre) - this increase was as high as \$1.45 per litre - data from Statistics Canada



Canadian Home Prices **\$195,000**

Increase in the composite benchmark price for residential homes in Canada (all categories included) - this is actually down from being over \$300,000 in March 2022 data from CREA



Mortgage/Interest Rates 4.75%

Increase in the prime rate for Mortgage and Interest rates (from 2.45% to 7.2%) - data from Bank of Canada

